

Give your employees the advantage of flexible, affordable, and convenient healthcare with the **BlueCare Anywhere**SM **telehealth app.** Employees can visit with a doctor, counselor, or psychiatrist any day, any time—from their smartphone, computer, or tablet.

Three Types of Telehealth Care Available



MEDICAL

Board-certified doctors are available to help with a range of common illnesses, aches, and pains. They can also prescribe medication, if medically necessary.



COUNSELING

Certified psychologists or counselors are available to treat issues affecting an employee's emotional, psychological, and social well-being.



PSYCHIATRY

Board-certified psychiatrists are available for assessments, evaluation, and treatment, including prescription support by appointment.





Telehealth—Quality Care with Real Benefits



ANYTIME, ANYWHERE ACCESS

Round-the-clock access to care provides peace of mind and added protection for traveling and remote employees who are not able to get in to see their own provider.



ACCESSIBLE CARE, HEALTHIER EMPLOYEES

Because employees can conveniently access care from the comfort of their home or other familiar environments, they're more likely to seek care rather than delaying treatment. Healthier employees can reduce absenteeism and increase productivity.



CONVENIENCE AND COST SAVINGS

With BlueCare Anywhere, appointments are typically available within minutes of logging on.¹ Plus, online visits may help your employees avoid unnecessary urgent care or emergency room visits.²

Effective April 1, 2020:

Fully-Insured Businesses, Employers with 51-99 Employees: Estimated Member Costs

BlueCare Anywhere Telehealth Type of Visit	PPO/HMO/Alliance (Copay) Plans	HSA-Qualified Plans
Medical Visit	\$0	\$49
Counseling Visit	\$20	\$80-95
Psychiatric Visit	\$45	\$90-175

CONTACT YOUR BCBSAZ REPRESENTATIVE OR VISIT **azblue.com** FOR MORE INFORMATION.



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¹ Counseling and psychiatry appointments may take up to 14 days to schedule.

² The BlueCare Anywhere service should not be used in health emergencies. If it's a health emergency or there's a need for immediate help for an injury, seek emergency care or call 911.

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