Personalized, digital MSK care

Sword Health is the only digital musculoskeletal (MSK) solution proven to be as clinically effective and engaging as high-intensity in-person physical therapy.

With 100% of care provided through licensed doctors of physical therapy and patented, FDA-listed technology, members overcome their chronic and post-surgical pain faster and more conveniently. Sword's patient-first model generates better outcomes at better ROI than any other MSK solution on the market.

Sword's partnership with Teladoc Health provides best-in-class virtual MSK care no matter where you start. The benefits of this partnership include:

Simplified Vendor Management

- Single contract, integrated billing and streamlined implementation
- Coordinated account management

Integrated Member Experience

- Integration with the Teladoc Health care platform
- Single sign-on via the Teladoc Health app or website to access all Sword services

Improved Outcomes & Engagement

- Integration drives awareness, utilization and engagement in Sword program
- Pre-vetted partnership to improve health outcomes and lower costs

How Sword works

Sword delivers the highest quality of care specific to each member's needs and capabilities:

Every member completes an online assessment to determine level of discomfort and any comorbidities

The member receives Sword's motion-tracking kit to provide real-time feedback on every exercise

Sword uses computer vision technology, a sensorless bio-feedback capture system, to monitor movement and continuously tailor each program

A dedicated doctor of physical therapy reviews every exercise in every session to create a program that is personalized to the individual and their specific goals

Teladoc® HEALTH