

# Preventive Care

## Preventive care detects potential problems early when they are easier to treat.

The Affordable Care Act (ACA) provides for preventive services rated A or B to be covered 100 percent when received by participating providers.

Preventive services are those provided when no symptoms or diagnosed medical conditions exist. For services to be covered as preventive, your doctor must bill claims with preventive codes. If a preventive service identifies a condition that needs further testing or treatment, regular copayments, coinsurance, or deductibles may apply.

## Here are some some preventive services covered with no patient cost:

- Routine physical exam
- Routine vision exam
- Routine hearing exam
- Routine gynecological exam
- Routine Pap smear
- Screening mammogram
- Screening colonoscopy
- FDA-approved contraception

Immunizations recommended by the Advisory Committee on Immunizations Practices of the Center for Disease Controls and Prevention (CDC) are covered 100 percent if received from a participating provider. As of November 2017, those recommendations are as follows:

### Children

VACCINE	Birth	1 Mo	2 Mo	4 Mo	6 Mo	12 Mo	15 Mo	18 Mo	19-23 Mo	2-3 Yrs	4-6 Yrs	7-10 Yrs	11-12 Yrs	13-18 Yrs
Hepatitis B	HepB	HepB				HepB						HepB Catch Up		
Rotavirus			RV	RV	RV									
Diphtheria, Tetanus, Pertussis			DTaP	DTaP	DTaP		DTaP				DTaP	DTaP Catch Up	DTaP	DTaP Catch Up
Haemophilus Influenzae Type b			Hib	Hib	Hib	Hib								
Inactivated Poliovirus			IPV	IPV	IPV					IPV	Poliovirus Catch Up			
Measles, Mumps, Rubella						MMR					MMR	MMR Catch Up		
Varicella						Varicella					Varicella	Varicella Catch Up		
Pneumococcal			PCV	PCV	PCV	PCV								
Influenza	Influenza (Yearly)													
Hepatitis A						HepA (2 Doses)			HepA Catch Up					
Meningococcal													MenACWY	MenACWY
Human Papillomavirus													HPV	HPV Catch Up

### Adults

VACCINE	19-26 Yrs	27-49 Yrs	50-59 Yrs	60-64 Yrs	≥ 65 Yrs
Diphtheria, Tetanus, Pertussis (Td/Tdap)	One dose of Tdap; then boost with Td every 10 years				
Influenza	One dose annually				
Pneumococcal	1 or 2 doses				1 dose
Zoster (Shingles)*	Shingrix® vaccine: 2-dose immunization after 50				
	Zostavax® vaccine: 1-dose after age 60				
IF NOT RECEIVED AS A CHILD					
Measles Mumps, Rubella	MMR				
Human Papillomavirus	HPV				
Varicella	Varicella				

\*Only one of the shingles vaccines are necessary. EMI Health covers both old and new vaccines. If you have already had the shingles vaccine, you do not need the new vaccine and a second, unnecessary vaccine is not covered by EMI Health.

Find the full list of preventive services at [http://bit.ly/USPSTF\\_AB](http://bit.ly/USPSTF_AB). The list is subject to change based on federal guidelines. This information does not apply to grandfathered plans. Please see your summary of benefits and member handbook on the details of your specific plan.