Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services
EverydayHealth PPO Bronze 7000

BlueCross BlueShield Arizona
An Independent Licensee of the Blue Cross Blue Shield Association

Coverage Period: 01/01/2025-12/31/2025
Coverage for: Individual & Family | **Plan Type:** PPO

⚠ **The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit azblue.com/benefit2025. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-877-475-8440 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: **$7,000**/individual or **$14,000/**family Out-of-network: **$7,500**/individual or **$15,000/**family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible. Unless a copay, fee, or other percent is shown, the coinsurance percent of the allowed amount that you pay for most services is 30% in-network and 50% out-of-network.
Are there services covered before you meet your deductible?	Yes. In-network: primary care and specialist office visits, preventive services, tier 1 prescription drugs, specialty drugs, urgent care visits, children's eye exams, children's eyeglasses, and children's dental check-ups are covered before you meet your deductible. In-network and out-of-network: emergency medical transportation, and hospice services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the annual deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	Yes. $750/member for Tier 2 and 3 prescription medications.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the out-of-pocket limit for this plan?	In-network: **$8,700**/individual or **$17,400/**family Out-of-network: **$17,400**/individual or **$34,800/**family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, out-of-network prior authorization penalty charges, balance-bills, and costs for health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Important Questions	Answers	Why This Matters:
Will you pay less if you use a network provider?	Yes. See www.azblue.com or call 1-877-475-8440 for a list of in-network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

 All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$55 copay/provider/day, deductible does not apply	50% coinsurance & balance bill	$500 charge if no prior authorization for out-of-network services. No charge for medical telehealth consultations through BlueCare Anywhere℠.
	Specialist visit	$125 copay/provider/day, deductible does not apply	50% coinsurance & balance bill	Specialist copay for most chiropractic services. $500 charge if no prior authorization for out-of-network services.
	Preventive care/screening/ immunization	No charge	50% coinsurance & balance bill	Preventive services not required to be covered by state or federal law are not covered. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	Office visit copay (deductible does not apply) or 30% coinsurance	50% coinsurance & balance bill may apply	Cost share varies based on place of service and provider's network status & type. $500 charge if no prior authorization for out-of-network services.
	Imaging (CT/PET scans, MRIs)	Office visit copay (deductible does not apply) or 30% coinsurance	50% coinsurance & balance bill may apply	Cost share varies based on place of service and provider's network status & type. $500 charge if no prior authorization for out-of-network services.

* For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2025.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.azblue.com	Tier 1a / 1b	Tier 1a: $3 copay/30 day supply, deductible does not apply Tier 1b: $35 copay/30 day supply, deductible does not apply	Tier 1a: $3 copay/30 day supply & balance bill, deductible does not apply Tier 1b: $35 copay/30 day supply & balance bill, deductible does not apply	90-day supply is 2.5 copays (retail) or 2 copays (mail order). Some drugs require prior authorization or a formulary exception and won't be covered without it. View the Tier 1a Drug List at https://azblue.com/pharmacy-management/Tier1a-Drug-List.
	Tier 2	$115 copay/30 day supply	$115 copay/30 day supply & balance bill	$750/member deductible for Tier 2 and 3 prescription drugs before copays or coinsurance apply. 90-day supply is 2.5 copays (retail) or 2 copays (mail order). If a generic drug is available, pay the generic cost share + the price difference between the allowed amount for the brand and generic drugs. Some drugs require prior authorization or a formulary exception and won't be covered without it.
	Tier 3	$205 copay/30 day supply	$205 copay/30 day supply & balance bill	$750/member deductible for Tier 2 and 3 prescription drugs before copays or coinsurance apply. 90-day supply is 2.5 copays (retail) or 2 copays (mail order). If a generic drug is available, pay the generic cost share + the price difference between the allowed amount for the brand and generic drugs. Some drugs require prior authorization or a formulary exception and won't be covered without it.
	Specialty drugs	50% coinsurance, deductible does not apply	Not covered	Some drugs require prior authorization or a formulary exception and won't be covered without it.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	50% coinsurance & balance bill	$500 charge if no prior authorization for out-of-network services.
	Physician/surgeon fees	30% coinsurance	50% coinsurance & balance bill may apply	Additional $1,000 access fee for all bariatric surgeries. $500 charge if no prior authorization for out-of-network services.

* For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2025.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need immediate medical attention	Emergency room care	30% coinsurance		Out-of-network providers can't balance bill for the difference between the allowed amount and the billed charge.
	Emergency medical transportation	30% coinsurance, deductible does not apply		None.
	Urgent care	$125 copay/provider/day, deductible does not apply	50% coinsurance & balance bill	None.
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	50% coinsurance & balance bill	$500 charge if no prior authorization for out-of-network services.
	Physician/surgeon fees	30% coinsurance	50% coinsurance & balance bill may apply	Additional $1,000 access fee for all bariatric surgeries. $500 charge if no prior authorization for out-of-network services.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Copay applies to office, home, walk-in clinic visits (deductible does not apply). Amount varies based on PCP/Specialist. 30% coinsurance applies to all other locations.	50% coinsurance & balance bill may apply	Cost share varies based on place of service and provider's network status & type. $500 charge if no prior authorization for out-of-network services. $20 copay for counseling or $45 copay for psychiatric telehealth consultations through BlueCare Anywhere℠.
	Inpatient services	30% coinsurance	50% coinsurance & balance bill may apply	$500 charge if no prior authorization for out-of-network services.
If you are pregnant	Office Visits	Office visit copay (deductible does not apply) or 30% coinsurance	50% coinsurance & balance bill	Depending on type of services, copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in SBC (i.e. ultrasound). Cost sharing does not apply for in-network preventive services.
	Childbirth/delivery professional services	30% coinsurance	50% coinsurance & balance bill may apply	Only 1 copay is collected for services included in delivering physician's global charge. Depending on type of services, copayment, coinsurance, or deductible may apply.
	Childbirth/delivery facility services	30% coinsurance	50% coinsurance & balance bill	Depending on type of services, copayment, coinsurance, or deductible may apply.

* For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2025.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care/ Home infusion therapy	30% coinsurance	50% coinsurance & balance bill	$500 charge if no prior authorization for out-of-network services. Limit of 42 visits (of up to 4 hours)/calendar year.
	Rehabilitation services • PT/OT/ST = Physical Therapy, Occupational Therapy, Speech Therapy	30% coinsurance	50% coinsurance & balance bill	$500 charge if no prior authorization for out-of-network services. Annual limits: 90 inpatient days for Extended Active Rehabilitation Facility (EAR) and Skilled Nursing Facility (SNF) combined, and a 60-visit limit each for outpatient rehabilitative and habilitative services.
	Habilitation services	30% coinsurance	50% coinsurance & balance bill	$500 charge if no prior authorization for out-of-network services. Annual limits: 90 inpatient days for EAR and SNF combined, and a 60-visit limit each for outpatient rehabilitative and habilitative services.
	Skilled nursing care	30% coinsurance	50% coinsurance & balance bill	$500 charge if no prior authorization for out-of-network services. Annual limits: 90 inpatient days for EAR and SNF combined, and a 60-visit limit each for outpatient rehabilitative and habilitative services.
	Durable medical equipment	Office visit copay (deductible does not apply) or 30% coinsurance	50% coinsurance & balance bill	Cost share varies based on place of service and provider's network status & type. $500 charge if no prior authorization for out-of-network services.
	Hospice services	No charge	No charge except balance bill, deductible does not apply	$500 charge if no prior authorization for out-of-network services.
If your child needs dental or eye care	Children's eye exam	No charge	50% coinsurance & balance bill	Limit of 1 routine vision exam/calendar year.
	Children's glasses	No charge	Not covered	Limit of 1 pair of glasses or contact lenses/calendar year.
	Children's dental check-up	No charge	No charge except balance bill, deductible does not apply	Limit of 2 dental check-ups & cleanings/calendar year.

* For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2025.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)		
• Acupuncture • Adult routine vision exam • Alternative medicine • Care that is not medically necessary • Cosmetic surgery, cosmetic services & supplies • Custodial care • Dental care and orthodontic services (Adult) except as stated in plan • DME rental/repair charges that exceed DME allowed amount	• Experimental and investigational treatments except as stated in plan • Eyewear except as stated in plan • Fertility and infertility medication and treatment • Flat feet treatment and services • Genetic and chromosomal testing, except as stated in plan • Home health care and infusion therapy exceeding 42 visits (of up to 4 hours)/calendar year • Long-term care, except long-term acute care • Massage therapy other than allowed under evidence-based criteria	• Orthodontic services (Pediatric) that are not dentally necessary • Out-of-network Mail Order and out-of-network Specialty • Private-duty nursing, except when medically necessary or when skilled nursing not available • Respite care • Routine foot care • Sexual dysfunction treatment and services • Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
• Bariatric surgery • Chiropractic care	• Hearing aids, up to 1 per ear, per calendar year	• Non-emergency care when travelling outside the U.S.

* For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2025.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For group health coverage subject to ERISA, contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.
- For non-federal governmental group health plans, contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov.
- Church plans are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact the Arizona Department of Insurance (602-364-2499, or 1-800-325-2548 in Arizona but outside the Phoenix area) regarding their possible rights to continuation coverage under State law.

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- For group health coverage subject to ERISA, contact Blue Cross Blue Shield of Arizona at 1-877-475-8440. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. If your coverage is insured, you may also contact the Arizona Department of Insurance at 602-364-2499, or 1-800-325-2548 in Arizona but outside the Phoenix area.
- For non-federal governmental group health plans and church plans that are group health plans, contact Blue Cross Blue Shield of Arizona at 1-877-475-8440. If your coverage is insured, you may also contact the Arizona Department of Insurance at 602-364-2499, or 1-800-325-2548 in Arizona but outside the Phoenix area or https://difi.az.gov/consumer/i/health.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

* For more information about limitations, exceptions, and prior authorization, see the plan or policy document at azblue.com/benefit2025.

Multi-language Interpreter Services

Spanish: Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue Cross Blue Shield of Arizona, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 602-864-4884.

Navajo: Díí kwe'é atah nílínigií Blue Cross Blue Shield of Arizona haada yit'éego bína'ídílkidgo éí doodago Háida bíjá anilyeedígií t'áadoo le'é yína'ídílkidgo beehaz'áanii hólǫ́ díí t'áá hazaadk'ehjí háká a'doowołgo bee haz'ą́ doo bááh ílínígóó. Ata' halne'ígií kojį' bich'į' hodíilnih 877-475-4799.

Chinese: 如果您，或是您正在協助的對象，有關於插入項目的名稱 Blue Cross Blue Shield of Arizona 方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話 在此插入數字 877-475-4799。

Vietnamese: Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Blue Cross Blue Shield of Arizona quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 877-475-4799.

Arabic:
إن كان لديك أو لدى شخص تساعده أسئلة بخصوص Blue Cross Blue Shield of Arizona، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة .للتحدث مع مترجم اتصل ب 877-475-4799.

Tagalog: Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa Blue Cross Blue Shield of Arizona, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 877-475-4799.

Korean: 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Blue Cross Blue Shield of Arizona 에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 877-475-4799 로 전화하십시오.

French: Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Arizona, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 877-475-4799.

German: Falls Sie oder jemand, dem Sie helfen, Fragen zum Blue Cross Blue Shield of Arizona haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 877-475-4799 an.

Russian: Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Blue Cross Blue Shield of Arizona, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 877-475-4799.

Japanese: ご本人様、またはお客様の身の回りの方でも、Blue Cross Blue Shield of Arizona についてご質問がございましたら、ご希望の言語でサポートを受けたり、情報を入手したりすることができます。料金はかかりません。通訳とお話される場合、877-475-4799 までお電話ください。

Farsi:
اگر شما، یا کسی که شما به او کمک میکنید ، سوال در مورد Blue Cross Blue Shield of Arizona ، داشته باشید حق این را دارید که کمک و اطلاعات به زبان خود را به طور رایگان دریافت نمایید. 877-475-4799 تماس حاصل نمایید.

Assyrian:
ܐܢ ܐܢܬܘܢ، ܐܘ ܚܕ ܕܐܢܬܘܢ ܝܬܘܢ ܡܥܕܪܢܐ ܠܗ، ܐܝܬ ܠܗ ܫܘܐܠܐ ܒܘܬ Blue Cross Blue Shield of Arizona، ܐܝܬ ܠܟܘܢ ܙܕܩܐ ܕܡܩܒܠܬܘܢ ܥܘܕܪܢܐ ܘܡܘܕܥܢܘܬܐ ܒܠܫܢܐ ܕܝܠܟܘܢ ܡܓܢܐܝܬ. ܠܡܡܠܠܐ ܥܡ ܚܕ ܡܬܪܓܡܢܐ، ܩܪܘ ܠ 877-475-4799.

Serbo-Croatian: Ukoliko Vi ili neko kome Vi pomažete ima pitanje o Blue Cross Blue Shield of Arizona, imate pravo da besplatno dobijete pomoć i informacije na Vašem jeziku. Da biste razgovarali sa prevodiocem, nazovite 877-475-4799.

Thai: หากคุณ หรือคนที่คุณกาลังช่วยเหลือมีคาถามเกี่ยวกับ Blue Cross Blue Shield of Arizona คุณมีสิทธิที่จะได้รับความช่วยเหลือและข้อมูลในภาษาของคุณได้โดยไม่มีค่าใช้จ่าย พูดคุยกับล่าม โทร 877-475-4799

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About These Coverage Examples

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	**$7,000**
Specialist copayment	**$125**
Hospital (facility) coinsurance	**30%**
Other coinsurance	**30%**

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost $12,700

In this example, Peg would pay:

Cost Sharing	
Deductibles*	$7,000
Copayments	$140
Coinsurance	$890
What isn't covered	
Limits or exclusions	$50
The total Peg would pay is	**$8,080**

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	**$7,000**
Specialist copayment	**$125**
Hospital (facility) coinsurance	**30%**
Other coinsurance	**30%**

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost $5,600

In this example, Joe would pay:

Cost Sharing	
Deductibles*	$330
Copayments	$1,650
Coinsurance	$0
What isn't covered	
Limits or exclusions	$20
The total Joe would pay is	**$2,000**

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The plan's overall deductible	**$7,000**
Specialist copayment	**$125**
Hospital (facility) coinsurance	**30%**
Other coinsurance	**30%**

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost $2,800

In this example, Mia would pay:

Cost Sharing	
Deductibles*	$1,350
Copayments	$210
Coinsurance	$280
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$1,840**

*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

The plan would be responsible for the other costs of these EXAMPLE covered services.

Blue Cross Blue Shield of Arizona (BCBSAZ) complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. BCBSAZ provides appropriate free aids and services, such as qualified interpreters and written information in other formats, to enable people with disabilities to communicate effectively with us. BCBSAZ also provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, call 602-864-4884 for Spanish and 1-877-475-4799 for all other languages and other aids and services.