

GET MORE VALUE FOR YOUR HEALTH CARE DOLLAR



Cigna LocalPlus in Phoenix and Tucson offers the right mix of benefits at the right price

At Cigna, we want to help you make the right decisions about your health – and that includes your health spending. Cigna LocalPlus® gives you cost-effective access to quality doctors, specialists and hospitals who understand the needs of your community.

How LocalPlus works

At the heart of the LocalPlus plan is a local network¹ limited to doctors, specialists and hospitals right where you live and work.

- › In your local area, or when you're in any LocalPlus network area, you must receive care from a health care professional or facility in this network to receive in-network coverage.
- › If you're away from home and need care, just look for a participating LocalPlus doctor in the area or if one isn't available, you can use doctors or hospitals in our Away From Home Care feature.
- › If you choose to go outside the LocalPlus network when one is available (or outside the Away From Home Care feature when LocalPlus isn't available), you will receive out-of-network coverage.

Where you can find care

The LocalPlus network in the Greater Phoenix and Tucson area includes the following physician groups and hospital organizations in Maricopa, Pinal and Pima counties:²

Cigna Medical Group* – over 150 physicians and allied health care professionals across Maricopa County.³ 23 locations in Arizona have been awarded the NCQA Patient-Centered Medical Home 2014™ Program Recognition from the National Committee for Quality Assurance (NCQA)⁴

Banner Health Network* – with over 3,000 physicians and 11 hospital campuses, Banner Health was ranked one of the top five large health systems in the US in 2013 by Truven Health Analytics⁵

HonorHealth Network – over 200 physicians and five hospital campuses, formerly Scottsdale Healthcare and John C. Lincoln Health Network⁶

Scottsdale Health Partners* – over 400 physicians at over 50 locations⁶

Arizona Community Physicians* – over 120 physicians across Pima county in 50 locations⁷

Arizona Connected Care* – over 420 physicians across Pima county in 64 locations⁴

Northwest Allied Physicians – over 110 physicians across Pima county in 36 locations⁴

Tucson Medical Center – over 600 bed full-service acute care hospital, accredited by The Joint Commission^{4,5}

Northwest Medical Center – a 300 bed full-service acute care hospital, accredited by The Joint Commission^{4,5}

Oro Valley Medical Center – a 146 bed acute-care hospital, accredited by The Joint Commission^{4,5}

* Cigna Collaborative Care

Together, all the way.®



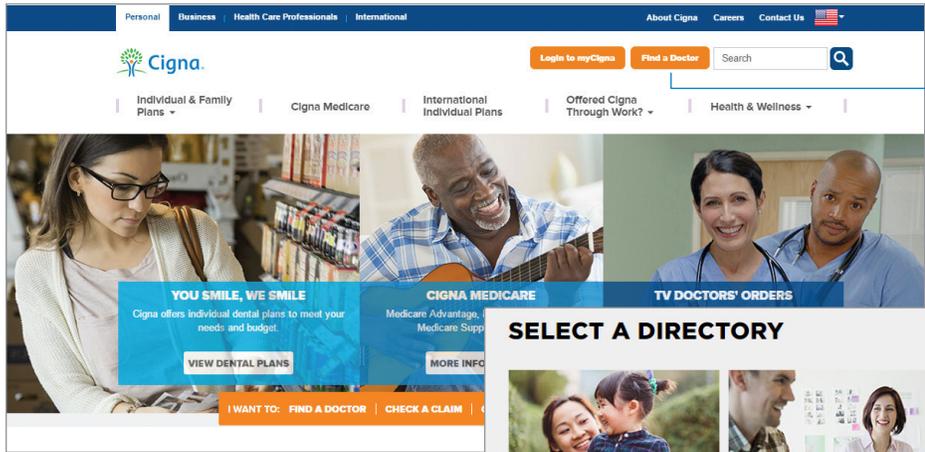
Offered by: Cigna Health and Life Insurance Company.

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Finding providers on Cigna.com

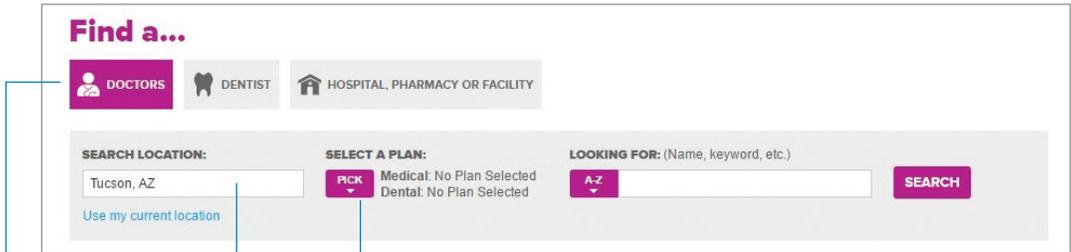
On Cigna.com you can find the doctors, hospitals and health care facilities included in your LocalPlus network.

1. Go to Cigna.com



2. Click on "Find a Doctor" in top right

3. Click on "For Plans offered through work or school."



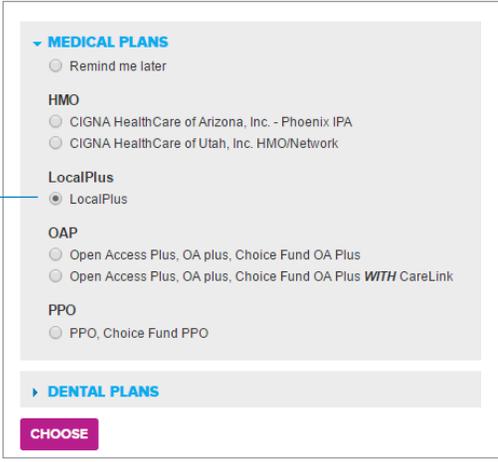
4. Choose what you are looking for

5. Type in the location you want to search

6. Click on "Pick"

You can also find in-network providers using:

- myCigna.com if you are already a Cigna LocalPlus customer.
- Our live 24/7 customer service representatives by calling the number on the back of your ID card.



7. Click on "LocalPlus" to make sure you are searching for LocalPlus doctors and hospitals

Learn more ways to save

Here are some of the many ways the LocalPlus plan can help you get more value for your health care dollar.

- The option to choose a primary care physician to help guide your care (it's recommended but not required)
- Access to Cigna's national network of labs, x-ray and radiology offices, and dialysis centers
- 75% potential savings through in-network national labs⁸ (LabCorp or Quest)
- You don't need a referral to see a specialist
- Nationwide in-network coverage in case of an emergency

Get and stay healthy

You'll also have access to wellness services and programs to help you stay on the path to good health, including⁹:

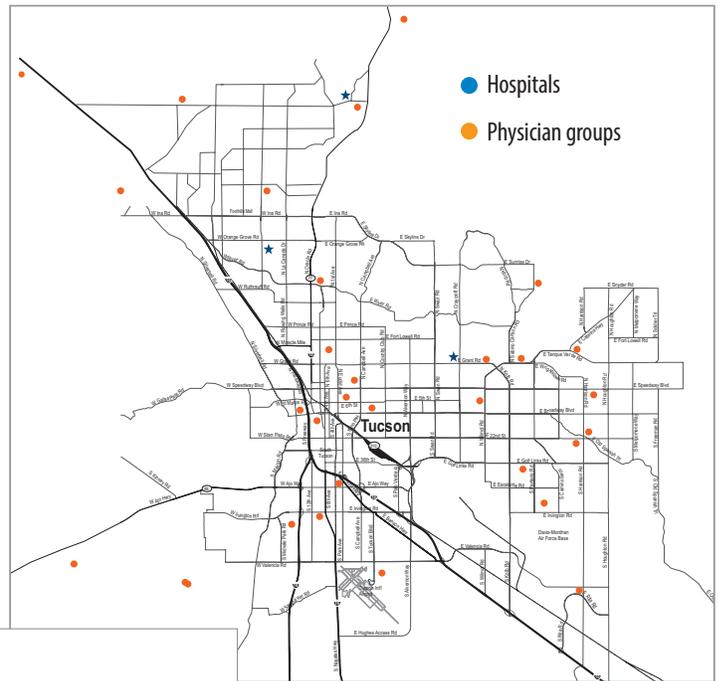
- Well visits, preventive care screenings and immunizations
- Sick visits, specialist, in-hospital and outpatient care
- 24-hour emergency care

Find 24/7/365 service

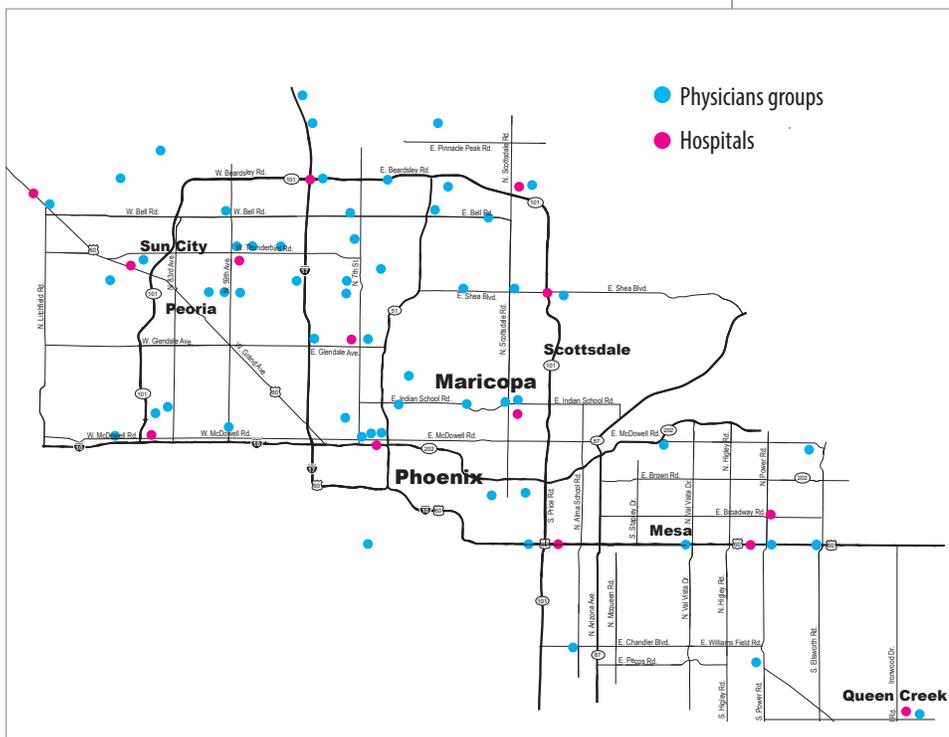
As a Cigna customer, you always have access to:

- A 24-hour phone line to speak with live customer service representatives and nurses, with translation services available in over 150 languages
- Benefit information and decision support tools on myCigna.com and myCigna App¹⁰

TUCSON



PHOENIX



For additional questions, please call the 24/7 customer service number on the back of your ID card.

In-network facility maps as of 8/16. Subject to change.

1. The LocalPlus Network is smaller than Cigna's national Open Access Plus (OAP) Network. In this plan, you have access to in-network benefits only from the health care professionals and facilities in the LocalPlus Network when in a LocalPlus Network service area. For a list of participating health care professionals and facilities, visit Cigna.com. For a paper directory, ask your employer.
2. This listing is not all-inclusive. For a listing of doctors and facilities that participate in the LocalPlus Network, contact your Cigna representative.
3. Cigna Medical Group is the medical group practice division of Cigna HealthCare of Arizona, Inc. Physician and location counts are as of August 2015 and subject to change.
4. The NCQA Patient-Centered Medical Home 2014 standards emphasize the use of systematic, patient-centered, coordinated care that supports access, communication and patient involvement. Patient-Centered Medical Home™ (PCMH™) is a trademark of the National Committee for Quality Assurance (NCQA).
5. Truven Health Analytics, 15 Top Health Systems Study, April 2013. The Truven Health 15 Top Health Systems Study identifies the 15 best health systems in the nation. This annual quantitative study uses objective, independent research and public data sources. Health systems do not apply, and winners do not pay to market their award.
6. Physician and location counts are as of August 2015 and subject to change.
7. Physician and location counts are as of May 2016 and subject to change.
8. Savings based on average in-network national lab costs compared to out-of-network labs using internal Cigna national claim data: DOS July 2013–June 2014. Savings will vary.
9. Not all services are covered. For example, immunizations for travel are generally not covered. Other non-covered services/supplies may include any service or device that is not medically necessary or services/supplies that are unproven (experimental or investigational). Routine medical care received outside of the U.S. is generally not covered. You may need precertification for hospital stays and some types of outpatient care. Coverage is subject to your plan's deductible, copay or coinsurance requirements. For the specific coverage terms of your plan, refer to your plan documents.
10. The downloading and use of the myCigna Mobile App is subject to the terms and conditions of the App and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.



Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and complete details of coverage, contact your Cigna representative. The health care providers that participate in the Cigna network are independent contractors solely responsible for the treatment provided to their patients. They are not agents of Cigna.

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